An integrated, color-coded SCHEDULE is in ONE PLACE – My Bionic Brain® Action Plan

Questions and Answers

- Where are copies of all my documents? See complete list in the INFORMATION Section.
- What do I want to TALK TO others about?
- What do I need to do that reoccurs regularly? See all my repeating activities in the “green” ROUTINES Section.
- What are the STEPS I sometimes forget when I need to execute complex procedures?
- Where are all my “purple” PROJECT Notes?
- Where can I track my PROGRESS or keep a JOURNAL?
- Where can I look to be sure that My Bionic Brain® is CLEANED UP and up-to-date?
- How can I get HELP when I need it?

Quickly find appointments, and documents – all in ONE PLACE

- Reminders to stay FOCUSED
- Cues for Starting and Ending Day
- Cues for WORK INSTRUCTIONS
- Employer’s FEEDBACK
- Personal and Work GOALS
- Coping Strategies when UPSET
- EMERGENCY Procedures
- Adjust alert time, font sizes, and other things in “MBB SETTINGS”